



UNIVERSITY VILLAGE STUDENT LEADERS WIN BEST AWARD SEE PG. 5

# MARK YOUR CALENDARS

## March 2025

- |            |  |
|------------|--|
| 3/29 - 4/4 | Spring Break<br>(Campus/ Enterprises open)       |
| 3/31       | Cesar Chavez Day<br>(Campus/ Enterprises closed) |

## April 2025

- |      |   |
|------|---|
| 4/12 | BroncoBound Open House  |
| 4/22 | Earth Day   |
| 4/26 | CPPE Family Day<br>(CPPE employees, student workers and Board members only) |
| 4/26 | IBW 10 Year Anniversary Party   |

## CENTERPOINTE EVENTS— SAVE THE DATE!

CPPE Dining Services hosts multiple, exciting events at Centerpointe throughout the year! Here are some upcoming events to put in your calendars:

- March 25: Choolah Lunch Takeover
- March 27: Baseball Day Takeover
- April 17: Asian Pacific Islander and Desi American Luncheon

Don't forget! Save on Centerpointe entry, special events included, when you purchase a Commuter Meal Plan. Plans are flexible and never expire— perfect for busy students or staff members! Purchase a Commuter Meal Plan online at the following website: <https://broncoonecard.com/commuter-meal-plans/>.



# EMPLOYMENT SERVICES

## NEW HIRES

Karen Galindo Maldonado - Assistant Manager - Dining Services  
Kevin Lam - Sous Chef - Dining Services

## PAYROLL UPDATES

### UPCOMING:

The next Payroll training will be on Wednesday, March 26. Plan ahead to reserve your spot! Please contact [fdnpayroll@cpp.edu](mailto:fdnpayroll@cpp.edu) for more information.

## SCHOOLSFIRST FEDERAL CREDIT UNION

### 529 College Savings Plan:

Saving for college can be intimidating, especially if you're not sure when or how to start. But it doesn't have to be. SchoolsFirst licensed financial advisors can help you devise a plan you can afford.

You can visit this [SITE](#) and you'll be able to call or email a financial advisor and book an appointment.

### How it works:

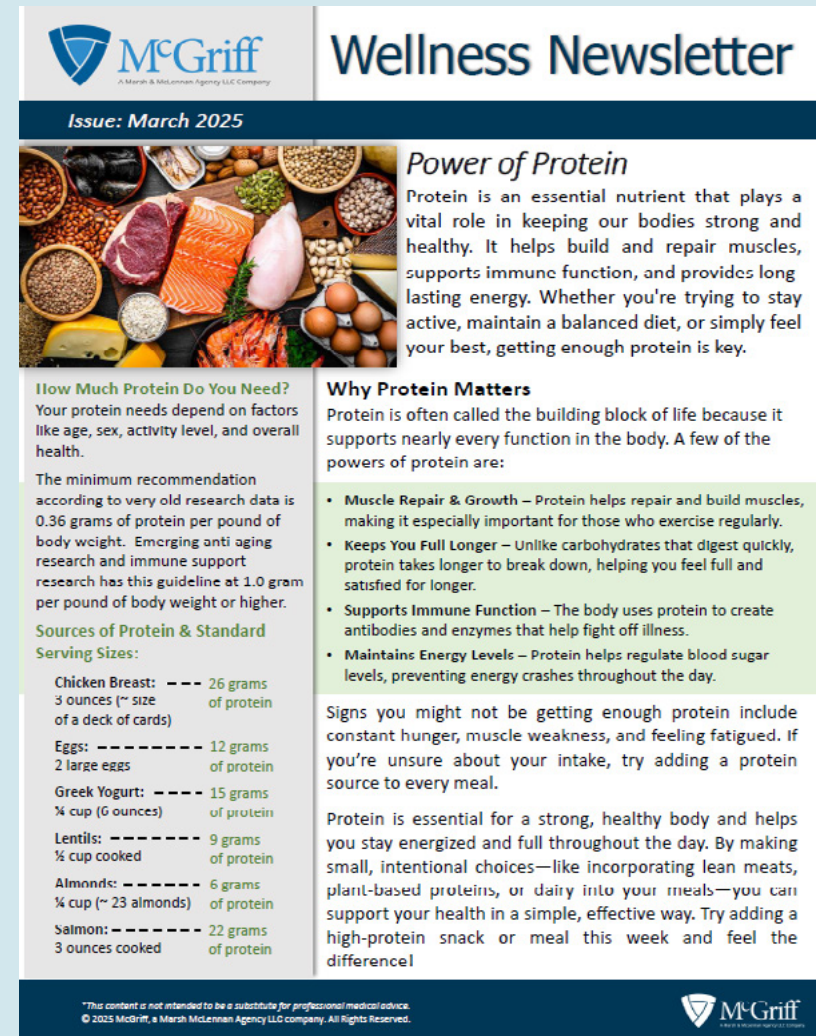
- Make after-tax annual contributions up to \$95,000 per individual or \$190,000 per married couple.
- Set up automatic contributions and increase amounts at any time.
- Make tax-free withdrawals as long as you use the money for qualified education expenses.

### How to qualify:

- No annual income restrictions.
- Anyone — not just parents or family members — can open one.

## BENEFITS CORNER!

## NATIONAL NUTRITION MONTH – MCGRIFF WELLNESS COMMUNICATION



**McGriff**  
A Marsh & McLennan Agency LLC Company

### Wellness Newsletter

Issue: March 2025

#### Power of Protein

Protein is an essential nutrient that plays a vital role in keeping our bodies strong and healthy. It helps build and repair muscles, supports immune function, and provides long lasting energy. Whether you're trying to stay active, maintain a balanced diet, or simply feel your best, getting enough protein is key.

#### How Much Protein Do You Need?

Your protein needs depend on factors like age, sex, activity level, and overall health.

The minimum recommendation according to very old research data is 0.36 grams of protein per pound of body weight. Emerging anti aging research and immune support research has this guideline at 1.0 gram per pound of body weight or higher.

#### Sources of Protein & Standard Serving Sizes:

Chicken Breast: 3 ounces (~ size of a deck of cards)	26 grams of protein
Eggs: 2 large eggs	12 grams of protein
Greek Yogurt: ¼ cup (6 ounces)	15 grams of protein
Lentils: ½ cup cooked	9 grams of protein
Almonds: ¼ cup (~ 23 almonds)	6 grams of protein
Salmon: 3 ounces cooked	22 grams of protein

#### Why Protein Matters

Protein is often called the building block of life because it supports nearly every function in the body. A few of the powers of protein are:

- **Muscle Repair & Growth** – Protein helps repair and build muscles, making it especially important for those who exercise regularly.
- **Keeps You Full Longer** – Unlike carbohydrates that digest quickly, protein takes longer to break down, helping you feel full and satisfied for longer.
- **Supports Immune Function** – The body uses protein to create antibodies and enzymes that help fight off illness.
- **Maintains Energy Levels** – Protein helps regulate blood sugar levels, preventing energy crashes throughout the day.

Signs you might not be getting enough protein include constant hunger, muscle weakness, and feeling fatigued. If you're unsure about your intake, try adding a protein source to every meal.

Protein is essential for a strong, healthy body and helps you stay energized and full throughout the day. By making small, intentional choices—like incorporating lean meats, plant-based proteins, or dairy into your meals—you can support your health in a simple, effective way. Try adding a high-protein snack or meal this week and feel the difference!

\*\*This content is not intended to be a substitute for professional medical advice.  
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For more information on National Nutrition Month, [read more](#) and [explore recipes](#) for protein forward meals at EatingWell.



# Mobile Order for The Patio with Clover!



Scan Here

App available for download on  
the App Store and Google Play

# KELLOGG WEST

## KELLOGG WEST HOSTS SACRAMENTO COUNTY FIREFIGHTERS DURING LA FIRES

Kellogg West Conference Center and Hotel had the honor of hosting and supporting dedicated firefighters from Northern California, specifically Sacramento County, for two weeks during the devastating Los Angeles fires.

To ensure comfort and well-being of the firefighting team, KW offered discounted hotel rooms with flexible check-in and check-out times to accommodate their schedules, and provided unlimited complimentary bottles of water throughout their stay. KW also worked closely with ASI CPP to have the BRIC available to the firefighters to use when time permitted in between their shifts.

Additionally, the KW team worked alongside Innovation Brew Works to offer complimentary pizza coupons for all first responders, firefighters and victims who were evacuated during the fires. The Collins College of Hospitality Management generously provided complimentary homemade brownies and apple turnovers for the guests as they checked into the hotel.

Many of the firefighters expressed their gratitude for the exceptional care they received at KW, sharing “they felt better taken care of here, than they would have at a much larger hotel.” The team is truly humbled by their words of appreciation and are grateful for the opportunity to serve those who risk their lives for our safety.

KW continues to extend support to those affected by the Altadena and Pacific Palisades fire by offering discounted room rates and special accommodations for fire evacuees.

“We believe in standing together during difficult times and are committed to providing the necessary support to our community,” said Laura M. Elliot, hotel operations and business development manager at KW.

A heartfelt thanks goes out to the firefighters and first responders for their unwavering dedication and bravery. KW is honored to have been able to support them and those affected during this incredibly challenging period.



# UNIVERSITY VILLAGE

## UV STUDENT LEADERS AWARDED AT WACUHO CONFERENCE!



On March 8, a group of University Village Student Leaders— comprising members of our Resident Advisor and Community Development teams— had the opportunity to attend the Western Association of College and University Housing Officers (WACUHO) Student Leader Drive-In Conference at CSU Fullerton.

The WACUHO Student Leader Drive-In Conference hosts student leaders from residential life programs across Southern and Central California to connect, bond and learn together. The conference was attended by RA's Yasmin Noriega, Julian Soriano, Giselle Avila and Community Development team members Cydney Cannon and Kayla Waite. They were joined by Graduate Coordinator Brianna Ortiz Munoz.

The student leaders shared that the experience was both inspiring and engaging, as they were able to share their successes and challenges while learning new strategies for resident engagement. The round table discussions stood out as a highlight, providing an open space for meaningful conversations about how they, as student leaders, can better support our residents. Despite all the attendees coming from different universities, the connection felt effortless as they were able to bond over shared experiences, exchange ideas and dive into deep discussions about leadership and community building.

The team also shared their presentation, “Amplifying Student Voices - Empowering Leadership to Make Every Voice Heard,” to inspire other student leaders to create programs that are relevant to their communities and to use their roles to empower those around them. Presenters at the conference were recognized with awards, and UV’s Student Leader’s presentation was honored as the best of the entire event! It was an unforgettable experience, and they left feeling proud, inspired and eager to implement what they learned back on our own campus.



# DINING SERVICES

## TAJIN TAKEOVER!

On March 12, Centerpointe hosted Tajin for a lunchtime takeover! The Tajin team set up an impressive display of Tajin-branded merch including hats, tote bags and key chains. Deliciously spicy dishes infused with Tajin were also served throughout the dining commons including mouthwatering Tajin aqua frescas, feta salads and even churros!



## WOMXN'S HERSTORY MONTH LUNCHEON

Centerpointe, in collaboration with CPP's Womxn's Resource Center, hosted a special luncheon to commemorate Womxn's Herstory Month on March 14. Themed around Womxn in Sports, the menu was filled with healthy, protein-heavy meals perfect for fueling womxn athletes. A visit from Billy Bronco topped off the luncheon's festivities with a hoorah!



# DINING SERVICES CONT.

## PI DAY COMPETITION WINNERS AWARDED WITH SWEET PRIZES!

In commemoration of Pi Day, CPP Dining Services hosted a fun competition for sharp-minded students to take part of!

Students were tasked with reciting as many digits of pi as they could during lunch for a chance to win a Commuter Meal Plan or Dining Dollars. Complete with a podium and microphone, Centerpointe temporarily transformed into an academic decathlon as contestants rattled off as many correct numbers as they could.

The winning student, Leila, recited an impressive 346 digits of pi in just under six minutes! To put that in perspective, we've attached all 346 digits she had memorized on the next page for your reference. Congratulations to our winning students, and a huge shout out to everyone who participated in our Pi Day festivities!



## WINNING STUDENT LEILA RECITED ALOUD...

3.1415926535897932384626433832795028  
841971 693993751058209749445923078164  
062862089986280348253421170679821480  
8651 328230664709384460955058223172  
535940812848111745028410270193852110  
5559 644622948954930381964428810975  
665933446128475648233786783165271201  
9091 456485669234603486104543266482  
133936072602491412737245870066063155  
8817 488152092096282925409171536436

# DINING SERVICES CONT.

## WELLNESS CORNER!

### WELCOME!

Welcome to the Nutrition Corner! A place for our Dining Services nutrition team to share all things healthy eating and wellness on campus with updates on new initiatives and tips.

### NATIONAL NUTRITION MONTH

March is National Nutrition Month, and this year's theme is "Food Connects Us"—highlighting the power of food in bringing people together and fostering community. Cal Poly Pomona Enterprises Dining Services is proud to have partnered with the campus to promote healthy eating and wellness for the campus community!

On March 18, the nutrition team attended a resource fair on campus to showcase nutritious dining options, share wellness tips, and celebrate the connections food creates.

### HEALTHY EATING TIPS:

- Balance Your Plate – Aim for a mix of lean protein, whole grains and colorful vegetables.
- Stay Hydrated – Opt for water, unsweetened tea or infused water to stay refreshed.
- Smart Snacking – Choose nuts, fruit or hummus with veggies for a nutritious boost between meals.
- Mindful Eating – Take your time and savor your meals to stay satisfied longer.

## CENTERPOINTE NUTRITION SHOWCASE

Dining Services Dietitian, Brenda Garcia, will host a tabling event on March 25 at Centerpointe, showcasing the nutritious meals crafted by the nutrition team. Thanks to Nutrition Supervisor Darian Sandoval, these wholesome options are expanding to Vista Market and Lollicup!

Some fan favorites include the **Mango Matcha Chia Pudding**, **Garlic Herb Chicken Plate** and **Ramen**. These meals are designed to accommodate various dietary needs, with **gluten-free**, **vegan**, and **halal options** available.



# FINANCIAL SERVICES

## GENERAL UPDATES

The Financial Services department is pleased to announce exciting news regarding ongoing efforts to improve project management and transparency of requests. In response to feedback, the team is implementing a customized workspace for each fund, designed to enhance your experience and streamline access to essential information.

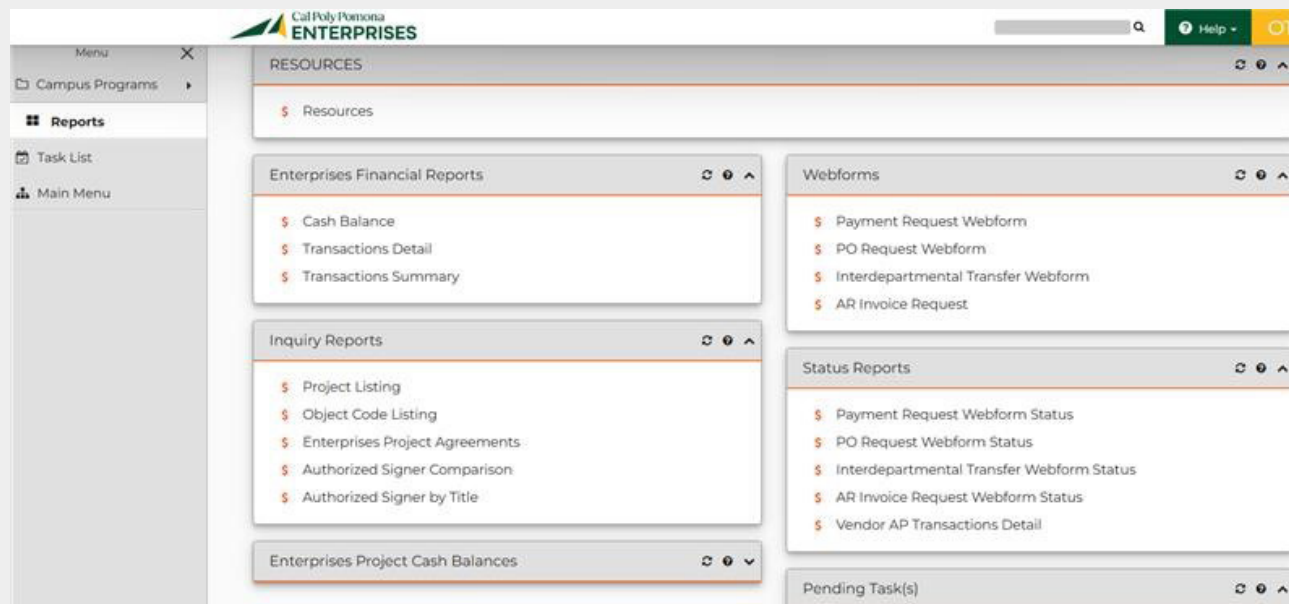
This workspace includes the following sections: Campus Programs, Grants Sponsored Programs and the Philanthropic Foundation.

Starting **March 21**, each fund will have its own dedicated workspace that includes:

- **Essential Reports:** Quick access to important reports related to fund balances.
- **Access to Webforms:** Simplified processes for submitting requests or inquiries.
- **Pending Transactions Status:** Stay informed about the status of webform transactions.
- **Pending Task List:** A clear overview of tasks that require attention.

Financial Services believes these enhancements will significantly improve the ability to monitor and manage accounts effectively.

Should any questions arise, or further information required, please do not hesitate to reach out [here](#). The team appreciates your continued partnership and looks forward to serving you better.



# FINANCIAL SERVICES CONT.

## ACCOUNTS PAYABLE

**Payment Requests Webforms:** To ensure the proper workflow approval is completed on all payment requests, AP and AP Grants, will begin rejecting all incomplete webforms and sending back to the requester with details and direction for re-submission being displayed on a systematic email. Please reach out to AP or AP Grants with any questions or concerns.

## ACCOUNTS RECEIVABLE

Effective 04/01/2025 Sales Tax will increase as follows:

Unincorporated City in LA County	City of Pomona
Current Rate - 9.50%	Current Rate - 10.25%
<b>NEW Rate - 9.75%</b>	<b>NEW Rate - 10.50%</b>

## GRANTS ANNOUNCEMENTS

### 🌟 We've Moved!

The Grants Post Award Team has a fresh new home! The department is still in Building 55, but you can now find us in an office down the hall. Feel free to stop by and say hello!

### 👤 Welcoming a New Leader!

We're excited to share that we will now be reporting to Tariq Marji, Senior Director of Organizational Effectiveness and Strategy! Additionally, the Board of Directors has approved his signing authority for all Sponsored Programs administered through our office.

### 🌟 CPP Enterprises Gets a Fresh Look!

We're leveling up! CPP Enterprises has unveiled a brand-new logo and website! 🎉 Be sure to check out the new website here:

🔗 [cppenterprises.org/](http://cppenterprises.org/).

### 📄 Grants Page Refresh

We're making updates to improve your experience. You can find us by clicking on "Grants" in the website's banner or going directly here:

🔗 [Grants Post Award Office](#).

### 📌 Quick Reference Guide Updates!

All document hyperlinks are now updated for easy access! Plus, don't forget: Starting 1/1, the new mileage rate will be \$0.70 per mile 🚗👤. Please use the correct travel claim forms for students and CPP Enterprise staff.

### 📣 Need Help? We're Here for You!

If you have any questions, please reach out to your Post Award Grants Administrator. New PI? If you haven't met with one of our team members to review your award, contact us as soon as possible!

Look forward to an amazing year ahead! 🌈

# BRONCO BOOKSTORE

## MARCH INTO SPRING WITH NEW APPLE TECH!

Looking to purchase some new tech this spring?

Apple Mac and iPad products are discounted for the month of March! Visit the Bronco Bookstore before the month's end to score these deals before it's too late!

## DON'T FORGET— PAYMENT PLANS AVAILABLE AT THE BOOKSTORE!

Don't forget that the Bronco Bookstore offers payment plans for full-time CPPE employees to take advantage of! Eligible employees can purchase technology, and pay for it through consecutive voluntary net (after-tax) payroll deductions.

For more details on payment plans, including eligibility and procedure information, please visit the following page: [Computer Purchase Program](#).

# UPGRADE YOUR TECH THIS SPRING



**Sale starts 3/1 and lasts until 3/31**

Spring into savings at Bronco Tech! Get \$100 off Mac® and \$50 off iPad® - perfect for refreshing your tech this season!



Terms & conditions apply. While supplies last.



# SOCIAL MEDIA CORNER



Welcome to the newly revamped Social Media Corner, now featuring content from CPPE's very own University Village! Want to watch the videos or see the posts yourself? Click any of the posts below to directly view the content on Instagram! And of course, don't forget to leave a like and follow!



@BroncoBookstore

"Calling all grads! 🎓🌟 Grad Fair is coming to the Bronco Bookstore on March 12-13 from 9 AM - 6 PM. This is your chance to pick up everything you need for graduation - from your cap & gown to class rings and more! ❤️❤️"

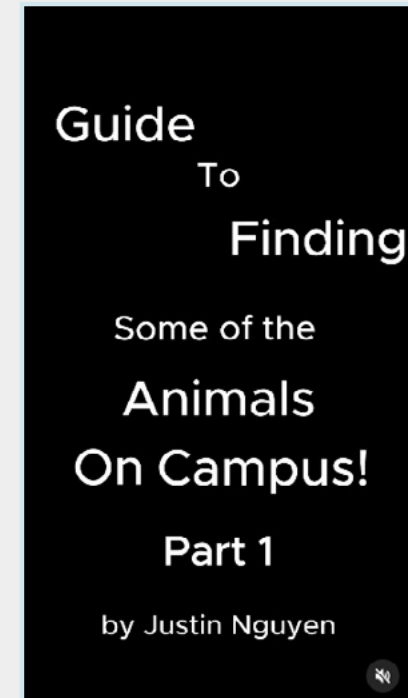
Find @BroncoBookstore on [Instagram](#), [Facebook](#) and [X](#)



@CPPDining

"New drinks just dropped at Lollicup! 🌟🌟 Swing by Lollicup and check out our newest flavors! Which one are you trying first? 😊"

Find @CPPDining on [Instagram](#), [Facebook](#) and [X](#)



@CPPVillage

"RA Justin takes you on part one of his tour of all the CPP animals! Look out for part two in the future!"

Find @CPPVillage on [Instagram](#) and [Facebook](#)

# ABOUT CAL POLY POMONA ENTERPRISES

To support the educational mission of Cal Poly Pomona, Cal Poly Pomona Enterprises provides services, financial aid and administrative assistance to the university community, and is the largest employer of students on the campus, providing invaluable work experience to approximately 1,500 students each year.

Additional support includes post-award compliance to Sponsored Programs and Awards, services to The Farm Store, Enterprises Programs and more.

In addition, CPP Enterprises provides a wide range of essential services for the campus community, including Dining Services, the Bronco Bookstore, faculty/staff housing, University Village housing, the Kellogg West Conference Center and Hotel, commercial real estate activities and Innovation Village.

Because of your support, CPP Enterprises is able to provide these beneficial services every year. Thank you for making your purchases on campus and contributing to the success of Cal Poly Pomona students and the university community.

